

## Rio Linda Little League COVID-19 SCREENING TOOL FOR ADULTS

Before coming to ball park each day, adults should screen themselves for symptoms of illness by answering the following questions. If you answer yes to any of the below questions, please do not come to the ball park.

- Do you have a fever (100.4° F or greater) without having taken any fever-reducing medications?
- Do you have a loss of smell or taste?
- Do you have a cough?
- Do you have muscle aches?
- Do you have a sore throat?
- Do you have congestion or a runny nose?
- Do you have shortness of breath?
- Do you have chills?
- Do you have a headache?
- Have you experienced any new gastrointestinal symptoms such as nausea, vomiting, diarrhea, or loss of appetite in the last few days?
- Have you, or anyone you have been in close contact with, been diagnosed with COVID-19 or placed in quarantine for possible exposure to COVID-19 within the last two weeks?
- Have you been asked to isolate or quarantine by a medical professional or a local public health official in the last two weeks?

## Rio Linda Little League COVID-19 SCREENING TOOL FOR CHILDREN

Before coming to the ball park each day, children should be screened for symptoms of illness by answering the following questions. If you answer yes to any of the below questions, please do not bring your child to the ball park.

- Does the child have a fever (100.4° F or greater) without having taken any fever-reducing medications?
  
- Does the child have a sore throat?
  
- Does the child have a new uncontrolled cough that causes difficulty breathing (for children with chronic allergic/asthmatic cough, a change in their cough from baseline)?
  
- Does the child have diarrhea or vomiting?
  
- Does the child have new onset of severe headache, especially with a fever?